

**Exposure to lead can happen
in two ways:**

**Published by the European Lead
Sheet Industry Association**

Inhalation

**By breathing dust
and fumes.**

Ingestion

**By eating or by
hand to mouth.**

**This leaflet shows you how
to work safely with lead sheet.**

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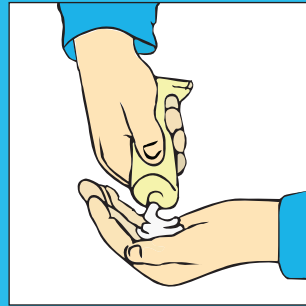
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**Keep Clean
Keep Healthy
Keep Working**

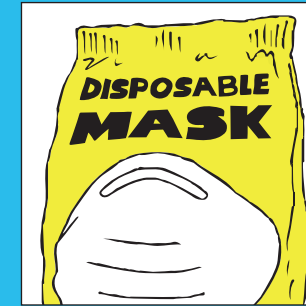
Leadworker Safety



1. Apply a barrier cream before starting work



2. Always wear gloves when handling lead



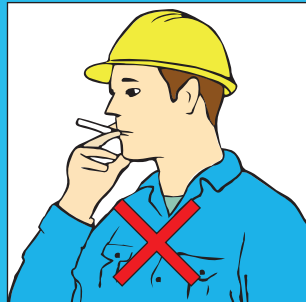
3. Ensure masks are clean and fit properly. Check filters or use disposable masks



4. Always wear a mask when working with lead



5. Beards can prevent masks sealing properly



6. Don't smoke when working with lead



7. Never eat or drink when working with lead



8. Keep your hands away from your face



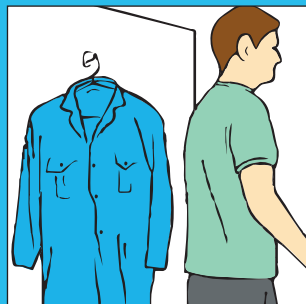
9. Don't bite your fingernails and keep them cut short



10. Use tissues rather than a handkerchief



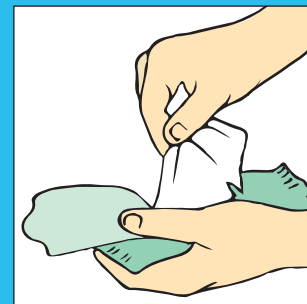
11. Handle dusty overalls with care



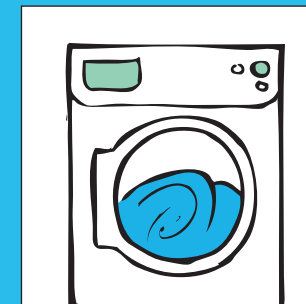
12. Remove work wear before leaving site



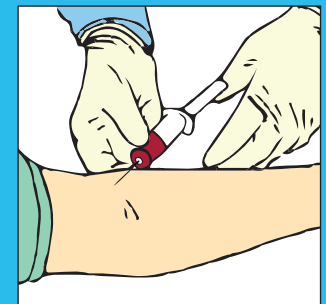
13. Wash hands and face thoroughly before eating and smoking and when you finish work



14. Use heavy duty hand wipes if running water is not available



15. Always wash overalls separately



16. Make sure your blood lead levels are tested at least annually if working regularly with lead